

# MADE BY HAND

Combine crochet and cross stitch to create  
Kirsten Ballering's cosy wrist warmers





## HOW TO MAKE CROCHET WRIST WARMERS

### MATERIALS

- Scheepjes Stone Washed XL yarn, 70% cotton/30% acrylic, 50g/75m per ball; two balls in Crystal Quartz (854) (Yarn A), and a few metres each in Coral (856) (Yarn B), Red Jasper (847) (Yarn C), Morganite (874) (Yarn D), Fosterite (866) (Yarn E), Turquoise (864) (Yarn F) and Tourmaline (876) (Yarn G)
- 5mm (UK 6, US H/8) crochet hook
- Embroidery needle

### TENSION

14 sts and 17 rows to 10cm (4") square over dc

### ABBREVIATIONS (UK)

st(s) stitch(es)  
 ch chain  
 dc double crochet  
 BLO work stitch through back loop only  
 yrh yarn round hook  
 dc2tog double crochet 2 together – (insert hook in next st, yrh and draw loop through) twice, yrh and draw through all 3 loops on hook  
 ss slip stitch

### FINISHED SIZE

16cm (6¼") long by 20cm (8") around

**Keeping toasty during winter is of utmost importance, as is crafting new ways to stay warm.** Socks have long been the accessory of choice, but to reach ultimate levels of hygge, treat your hands to these snug wrist warmers.

Adding cross stitch to plain crochet is the ultimate Fair Isle-style hack, as you'll get all the visual rewards with minimal effort. Sounds like our kind of make.

### Instructions

The gloves are made from a flat piece of crochet fabric, worked in rows from the bottom up. It starts with the ribbing at the wrist end and continues working in dc towards the thumbhole. For the thumbhole, the crochet is split in two separate sections that



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are each worked in rows. At the top of the thumbhole, the pieces are crocheted across the full width. A pattern is cross stitched on the finished fabric, then each glove is sewn together to form a tube, with the seam on the palm side.

Try to keep the reverse of the cross stitch neat, weaving in any ends so your hands won't snag on any loose loops or strands.

This pattern uses concise crochet terms, for example 6dc means work 1dc in each of next 6 sts.

### Gloves (make two)

#### Ribbing

**Foundation** using Yarn A, ch7

**Row 1** 1 dc in 2nd ch from hook, 5 dc, turn [6 dc]

**Row 2** ch1 (does not count as a st here and throughout), 6 dc in

BLO, turn

**Rows 3-27** repeat Row 2

**Row 28** ch1, 6 dc in BLO, do not turn, instead rotate the work 90°

#### Hand

**Row 29** ch1, crochet 29 dc in the row ends of the ribbing all the way to the beginning ch, turn [29 dc]

**Row 30** ch1, 29 dc, turn

**Rows 31-40** repeat Row 30, do not cut yarn

#### Creating thumbhole

##### Short section

**Row 41a** ch1, 3 dc, dc2tog, turn, leaving the rest of the row unworked for now [4 sts]

**Row 42a** ch1, dc2tog, 2 dc, turn [3 sts]

**Row 43a** ch1, 2 dc, 2 dc in the next st, cut yarn [4 dc]

##### Long section

**Row 41b** return to Row 40 and rejoin Yarn A with a ss in the 3rd st after the dc2tog in Row 41a, ch1, dc2tog, 20 dc, turn [21 sts]

**Row 42b** ch1, 19 dc, dc2tog, turn [20 sts]

**Row 43b** ch1, 2 dc in dc2tog, 19 dc, turn [21 dc]

The next row works across both the short and long section

**Row 44** ch1, 20 dc, 2 dc in next st (last one of the long section), ch2, 2 dc in first st on short section, 3 dc, turn [29 sts]

**Row 45** ch1, 1 dc in each st and ch, turn [29 dc]

**Rows 46-49** repeat Row 2  
Break yarn and fasten off

#### Finishing thumbhole

Join Yarn A with a ss in any st of »



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the thumbhole opening, work 14dc evenly around thumbhole, join with ss in first dc, break yarn and fasten off

### Cross stitch

The gloves are reversible, so make sure to work the cross stitch design on the opposite side of each glove to create both a left and right version. The cross stitch is worked in the centre of each glove, over Rows 30 to 48.

Refer to the charts on the next page for the design itself, and to show which sts to cross stitch over in the dc section above the ribbing. Each dc st has a hole in each corner, similar to aida. Thread the needle with the relevant colour yarn, then to make a cross stitch, insert the needle from back to front

in the right upper corner of the dc st. Take the needle down to the back through the lower left-hand corner, then come back up to the front via the upper left corner. Take the needle back down through the lower right-hand corner to complete the cross stitch. Don't pull the yarn too tightly as the stitches should sit on the surface of the crochet. Work with lengths of around 50cm (19¾") avoid tangling, and if the yarn runs out before the stitches are completed, weave in the ends and continue with a new length of yarn. If skipping multiple dc sts to cross stitch a different section in the same colour, make sure to weave the yarn through the back of the sts in between. This way, you won't snag the yarn when you wear them.

Once the stitching on both gloves is complete, weave in all ends and block them to size.

### Finishing

Using a 75cm (29½") strand of Yarn A, sew the sides of each glove together through the outermost stitches on both sides. Fasten off and weave in all ends.

### Edging round

Join Yarn A with a ss in any st along the top of the glove and loosely crochet 1 ss in each st around. To make an invisible join, cut the yarn and thread it onto the needle. Insert the needle under both loops of the first ss, then insert the needle in the top of the last ss to form a neat and invisible join. Weave in the ends [29 ss]

## MEET THE MAKER KIRSTEN BALLERIG



Kirsten is a crochet designer with a passion for colourful projects. Married with three cats, she designs patterns from her little studio in the Netherlands. Find her on Instagram @haakmaarraak. [www.haakmaarraak.nl](http://www.haakmaarraak.nl)

