THE JODIE DRESS

DIAGRAMS DRESS

FRONT

BACK

FINISHED GARMENT FITTED MEASUREMENTS

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The Jodie dress

115CM – 3.2M ALL SIZES

140CM – 2.9M ALL SIZES

PATTERN MARKINGS

Shorten/lengthen lines:
These lines indicate the point on the pattern where you can lengthen or shorten the bodice to suit.

Grainline arrows:
These are to let you know where to place the pattern piece along the grainline of the fabric.

Foldline:
This line indicates where the pattern should be positioned on the fold of the fabric.

Notches:
These are marked on the edges and are mostly used for matching up pattern pieces.

CUTTING LAYOUTS

DRESS

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The Jodie Dress

YOU WILL NEED
- Main fabric 3.2mx115cm (3½ydsx45in), all sizes
- Ribbing fabric (optional) 1mx115cm (1½ydsx45in) of for the cuffs, neckband and hem
- Ball point sewing machine needle
- Twin needle sewing machine needle
- Matching thread
- Basic sewing kit

NOTES
- Use a 1.5cm (5⁄8 in) seam allowance unless otherwise stated.
- Twin needle method: Overlock the raw edge, fold under by 1cm (¾in) and then stitch in place from the right side with a twin needle.

SUGGESTED FABRICS
Medium-weight sweater, fleece or ponte roma fabric.

STITCHING TERMS
Press: Press all the seams where suggested in the instructions to achieve a smoother finish on your finished garment.
Right side (RS)/Wrong side (WS): The right side of the fabric has the design on it. For a plain fabric, the right side is usually a little brighter or shinier than the wrong side, which is normally a little duller.

CUTTING OUT

Step one Download, print and cut out the templates from www.simplysewingmag.com/downloads
Step two From the main fabric cut:
Front bodice (A) – cut 1 on fold.
Back bodice (B) – cut 1 on fold.
Front facing (C) – cut 1 on fold.
Back facing (D) – cut 1.
Sleeve (E) – cut 1 pair
Sleeve cuff (G) – cut 1 pair
Front hem band (H) – cut 1 on fold.
Back hem band (I) – cut 1 on fold.
Patch pocket (J) – cut 1 pair.

ATTACHING THE PATCH POCKETS

Step one To create the patch pockets, first press over 1cm (¾in) and then 2cm (¾in) to the WS along one short edge. Topstitch close to the folded edge.
Step two Finish the seams of the remaining three raw edges. Press over these three edges by 1cm (¾in).
Step three Pin the patch pockets to the front bodice using the marks on the pattern. Topstitch in place around the three sides of each patch pocket, 2-3mm (¼in) from the pressed edge. Press in place.

ATTACHING THE SLEEVES

Step one With RS of the fabric together, pin the sleeves to the front bodice along the raglan seams, matching notches.
Step two Stitch the sleeves to the front bodice, removing the pins as you sew.
Step three Finish the seams then press the seam allowance towards the back.
Step four Pin the sleeves to the back bodice as before, with RS together along the raglan seams, matching the notches.
Step five Stitch the sleeves to the back bodice, removing the pins as you sew.
Step six Finish the seams. Press the seam allowance towards the front.

STITCHING THE NECKLINE

Step one Finish the short raw edges of the front and back facing pieces.
Step two Stitch the front and back facing pieces RS together at the short seams. Press the seams open.
Step three Finish the outer raw edge of the assembled facing piece.
Step four Pin the facing around the neckline of the
the bodice with RS together. Stitch in place with a 1cm (⅜in) seam allowance.

Step five Trim down the neckline seam allowance to around 7mm (⅜in). Clip into the seam allowance around the curved edges. Snip into the centre front V-neck opening.

Step six Press the facing towards the seam allowance. Understitch the facing to the seam allowance around neckline. Start and finish at the centre front.

Step seven Fold the facing to the inside of the bodice and press the neckline in place. Pin the facing and the bodice together around the neckline.

Step eight Topstitch the bodice to the facing around the neckline approx 3cm (1¼in) from the pressed edge.

STITCHING THE SIDE SEAMS

Step one Stitch the side seams of the bodice and underarm seams of the sleeves. Starting at the hem of the sleeve with RS together, stitch towards the hem of bodice, making sure the seams at the underarm match.

Step two Finish the seams together and press them towards the back.

FINISHING THE CUFFS

Step one With RS of the sleeve cuff together, stitch the short edges together. Press the seam allowance open.

Step two Fold the sleeve cuff in half with WS together, matching the raw edges, and press to create a fold along the centre.

Step three Machine-tack the raw edges together within the seam allowance.

Step three Place the sleeve cuff around the sleeve hem, matching the raw edges and underarm seam, and pin in place.

Step four Stitch the cuff in place, removing the pins as you sew.

Step five Finish the seam allowance. Press the sleeve towards the seam allowance.

FINISHING THE HEM

Step one Stitch the short edges of the front and back hem pieces together RS facing. Press the seam allowance open.

Step two Fold the hem band in half WS together, matching the raw edges, and press. Machine-tack the raw edges together within the seam allowance.

Step three Place the hem cuff around the bodice hem, matching the raw edges and side seams, and pin in place.

Step four Stitch the hem cuff in place.

Step five Finish the seam allowances together and then press the seam allowance towards the dress bodice.

Step four Give your garment a final press.