



Christmas lunch

shopping list

Fruit & Vegetables

- 1 orange
- 1kg carrots
- 750g parsnips
- 600g brussels sprouts
- 1 small red cabbage
- 1 large onion
- 2kg Maris Piper potatoes

Storecupboard

- 1 tsp honey
- 170g pack sage & onion stuffing mix
- 3 tbsp plain flour
- 2 tbsp cranberry sauce
- 1 tsp caster sugar
- 1 tbsp vinegar of your choice
- 1 tbsp soy sauce

- 150ml sunflower oil
- 2 chicken or beef stock cubes or pots
- 100g stale bread
- pinch of ground cloves
- pinch of grated nutmeg
- 1 bay leaf (optional)
- 100ml wine, port or sherry

Dairy & Chilled

- 115g unsalted butter
- 500ml whole milk

Meat & fish

- 2.4kg whole chicken
- 3 pork sausages
- 12 smoked streaky bacon rashers

