

MADE FOR

MUMS

What to buy before  
your baby arrives

VERY USEFUL

A shopping checklist of items you'll find very useful for your new baby, but which aren't essentials for every mum or dad

### Nursery

- Room thermometer, if your baby monitor doesn't have one
- Baby rocker or bouncer
- Playmat

### Getting around

- Baby carrier or sling
- Buggy cosytoes

### Nappy changing and bathing

- Changing bag and mat
- Wipes (from 2 weeks)
- Baby nail scissors
- 2-3 flannels/wash cloths
- Nappy bucket if using reusable nappies
- Baby bath or bath support or non-slip bathing mat
- Bath thermometer

### Breastfeeding

- 2-3 sleep bras, if you find you need the support
- Breastfeeding pillow
- Breast pump
- Breast milk storage containers/bags
- Steriliser
- Nipple shields

### Bottlefeeding

- Breast pump, if planning to express/combine feed
- Breast milk storage containers/bags, if planning to express/combine feed