

MADE FOR

MUMS

What to buy before  
your twins arrive

THE ESSENTIALS

From nursery furniture you'll need, to feeding equipment and nappy changing kit, here's your checklist of must-have baby items for your twin newborns

### Nursery

- 2 Moses baskets or cribs OR 1 cot or cotbed (your babies can share at first, but you'll soon need 2)
- New mattress for each basket, crib, cot or cotbed
- Baby monitor
- 4-8 fitted sheets
- 4-8 top sheets and 4-6 blankets OR 2-4 baby sleeping bags

### Getting around

- 2 Group 0, Group 0+ or Group 0+/1 car seats
- Double buggy suitable from birth

### Nappy changing and bathing

- Nappies, newborn size, either disposable or reusable
- Nappy cream (from 2 weeks)
- Cotton wool
- Nappy bags/sacks

### Breastfeeding

- 3 nursing bras

- Breast pads
- Nipple cream
- Muslin squares/wraps, for discrete public feeding and burping

### Bottlefeeding

- 12 feeding bottles
- 12 teats, slow flow
- Steriliser
- Infant formula, if you're not expressing
- Muslin squares/wraps, for burping

### Clothing

- 10-14 sleepsuits
- 10-14 sleeveless or short-sleeve bodysuits or vests
- 10-14 long-sleeve bodysuits
- 10-14 newborn bibs
- 6 pairs socks
- 6 pairs baggies/booties
- 4-6 pairs scratch mitts
- 4-6 hats
- 4-6 cardigans
- 2 jackets with hoods or pramsuits