

MADE FOR

MUMS

What to buy before  
your baby arrives

## THE ESSENTIALS

From nursery furniture you'll need, to feeding equipment and nappy changing kit, here's your checklist of must-have baby items for your newborn

### Nursery

- Moses basket or crib OR cot or cotbed
- New mattress
- Baby monitor
- 2-4 fitted sheets
- 2-4 top sheets and 2-3 blankets OR 1-2 baby sleeping bags

### Getting around

- Group 0, Group 0+ or Group 0+/1 car seat
- Buggy suitable from birth

### Nappy changing and bathing

- Nappies, newborn size, either disposable or reusable
- Nappy cream (from 2 weeks)
- Cotton wool
- Nappy bags/sacks

### Breastfeeding

- 3 nursing bras
- Breast pads
- Nipple cream

- Muslin squares/wraps, for discrete public feeding and burping

### Bottlefeeding

- 6 feeding bottles
- 6 teats, slow flow
- Steriliser
- Infant formula, if you're not expressing
- Muslin squares/wraps, for burping

### Clothing

- 5-7 sleepsuits
- 5-7 sleeveless or short-sleeve bodysuits or vests
- 5-7 long-sleeve bodysuits
- 5-7 newborn bibs
- 3 pairs socks
- 3 pairs baggies/booties
- 2-3 pairs scratch mitts
- 2-3 hats
- 2-3 cardigans
- Jacket with hood or pramsuit